

Newsletter

Edition 11 August 2011

Hi Folks,

My feeling is that the next **Transformational Bodywork Course which starts in September may be the last.** I may be moving on to other things. There are a couple of places left. **Book soon** as space is limited. **Full details** in the **Transformational Bodywork attachment.**

The "**Post 2012**" workshop at Moontree on **Saturday October 8** is **now booking.** Let me know if you are interested. Details below.

HE Ratna Vajra Rinpoche will be here from **8 to 14 August** presiding over ceremonies at Sakya Thubten Ling, the Buddhist temple in Charminster, Bournemouth.

Kahan's **2012** workshop takes place next Sunday 14 August at Moontree. See attachment for details. He is also running a 2012 Study Group at Moontree on Thursday evenings. See attachments.

We have been working on a completely **new website** with much additional information and many new features. The main site will now be www.thelightcentre.net. It will be **up within the week.**

Love and Light, Charmian

Last and final course starts September!

Transformational Bodywork *A course for enlightenment*

To prepare for the fifth dimension, are you ready to: -

- * Channel Masters and Angels?*
- * Attune to and transmit enlightenment energies?*
- * Sense and repair auras & chakras?*
- * Work inter-dimensionally?*
- * And much more*

To book your place, or for more details of this amazing opportunity contact Charmian Winser at The Light Centre. Tel (01202 723696 / 07727 226814 email: info@thelightcentre.net or visit www.charmianwinser.co.uk

Post 2012

4-hour workshop

Led by Charmian Winsor

At the run-up to December 2012, we are all eager to know what life will hold for us in ascension, or the 5th dimension. Participants will receive a DNA activation and an attunement to an Ascended Master, Archangel, or higher level of self (5th dimensional and upwards).

**Time, Travel, Time Travel?!
Rays, Chakras, Auras
Health, Wealth
... and much more!**

Our souls are coming through now to make a higher connection.

Information on the **New Children** and their gifts, **telepathy**, **higher chakras** and **higher dimensional opportunities!**

Cost: £35

Booking now!

Sat. Oct 8, 10.30-2.30 Moontree Gallery, 16 Sea Road, Boscombe, Bournemouth, Dorset, UK

****For other dates**, venues and info contact **Charmian**

01202 723696 / 07727 226814

Email: info@thelightcentre.net www.thelightcentre.net

****Would you like to organise a workshop in your area?**

Moontree Gallery and Therapy Centre

Beautiful Gifts:

Looking for that elusive, unusual, unique present?

Come along to Moontree and browse in our peaceful and welcoming centre.

In addition to our beautiful paintings, prints, sculptures and hand-crafted jewellery, you will find a selection of books, crystals, incense and more.

Gift Vouchers:

If you cannot choose – why not give one of our Gift Vouchers which are redeemable against any Artwork, Therapy Treatments or Readings.

Art Exhibition: "Looking for Monet" Deborah Flueller-Jones. Opening 10am Saturday August 13. Wine and jelly babies!

Encaustic Art Workshops: £25 inc materials & refreshments, with Sarah Faulkner. **Phone for dates: 07949 104689.** No previous experience necessary

Reiki I Workshop: with Benjamin Robinson. Please phone for dates

Reiki I Workshop: **Sat 20th August 7–9pm & Sun 21st 10.30am–5.30pm** with Deborah Robinson.

Reiki II Workshop: with Deborah Robinson. Please phone for dates



New! Intuitive Healers Circle 4th Monday with Benjamin Robinson
Meditation Group 1st and 3rd Wednesdays at 7.30 with Deborah Robinson
Reiki Share every 2nd Tuesday 7-9pm with Deborah Robinson
Kundalini Yoga 1st & 3rd Tuesdays 7-8pm with Mike Edmondson
New! 2012 Study Group Thursdays 7.30-9pm with Kahan
New! The Goddess Project Sharing Circle, 7.00 - 9.00, 2nd Thursday each month with Julie Ann Horrox.
Enlightenment Group 2nd and 4th Wednesdays 7.30-9.30pm with Charmian Winsor
Breathwork Group Last Tuesday in month 6.30-9pm with Sarah Faulkner

To receive info on exhibitions, workshops, groups and new stock, please ask to be put on the **mailing list**. Contact via info@moontree.org.uk or Ph: **01202 394949*** or drop in at **Moontree Gallery and Therapy Centre, 16 Sea Road, Boscombe, Bournemouth.** www.moontreearts.org.uk



HE Ratna Vajra Rinpoche will be here from **8 to 14 August**. He is giving teachings at Sakya Thubten Ling, 167 Shelbourne Road, Charminster, Bournemouth. Tel: 01202 538108
See attachment for more info.

The **TCT Shop** in Royal Arcade, Boscombe, Bournemouth has **fantastic prices**. You can also find the same bargains online at www.tibetculturetrust.com: **ethnic clothes, Buddhist Thankas, Singing Bowls, vajras, jewellery and much more!**

The Trust always needs **volunteers** to help in a variety of ways. You can email us at tibetculturetrust@yahoo.co.uk, or visit the website and the online shop to find out more, and perhaps even leave a **donation**.

You can also **sponsor a child** through the retail shop or by applying online.

The Trust has links to the **Sakya Thubten Ling**, a Tibetan Buddhist temple at 167 Shelbourne Road, Charminster, Bournemouth. Tel: 01202 538108

Attunements

Like many of us, I was introduced to attunements through Reiki. After I had been teaching Reiki for a while, I was a little disconcerted to find that I was being internally urged to give attunements to other energies during a Reiki workshop. Gradually these crept into other times outside of a workshop. As I understood more and more that these were often initiations from Ascended Masters or Archangels it became clear that Archangel Sandolphon was in charge of most attunements coming through me.

The irony was not wasted on me! Sandolphon is the Guardian Archangel of the Earth. Those of you who know me well know that I have considerable trouble grounding!

Attunements, initiations, activations, whichever you like to call them, provide a vital function. Indeed, though you may not be aware of it, it is difficult to make spiritual progress if you do not receive them at the appropriate time. I am not selling attunements here. I am stating an ancient truth. I have

been in the unfortunate position of knowing that someone needs an attunement so that they could move onto the next level, and their turning it down has had serious consequences.

Now is not the time to go into arcane spiritual matters, and I certainly am not asking you to rush out and get hold of the nearest person who can give you any old attunement. Our universe looks after us. When we are open to receive, it comes. It may be a course, a workshop, a chance meeting that brings you what you need.

What I will say is that an attunement, or activation, raises your vibratory rate instantly if you are ready for the next step.

Meditation

1. Sit comfortably with back, neck and head straight, feet on the floor unless you are sitting cross-legged.
2. Ground yourself. From your base chakra down your legs, through your feet, feel the earth beneath you. It does not matter whether you can sense it yet; the intention will make it happen anyway.
3. Open your consciousness to Source, your guides and higher levels of you. It does not matter if you have a conscious connection with them. It will happen anyway.
4. Ask to have your vibrations raised in a manner that is appropriate to you.
5. Wait. This may happen now, or you may find a way opening out to you shortly.
6. Close down until you feel grounded.

Sara Jane

E-mail Newsletter Interested in **what's on in the local area** regarding events, courses, workshops, shares and classes? Contact me to be added to the mailing list for a monthly newsletter, and if you are a practitioner and/or teacher and would like to include your information (it's Free) you can e-mail me on saraspiritoffreedom@hotmail.com

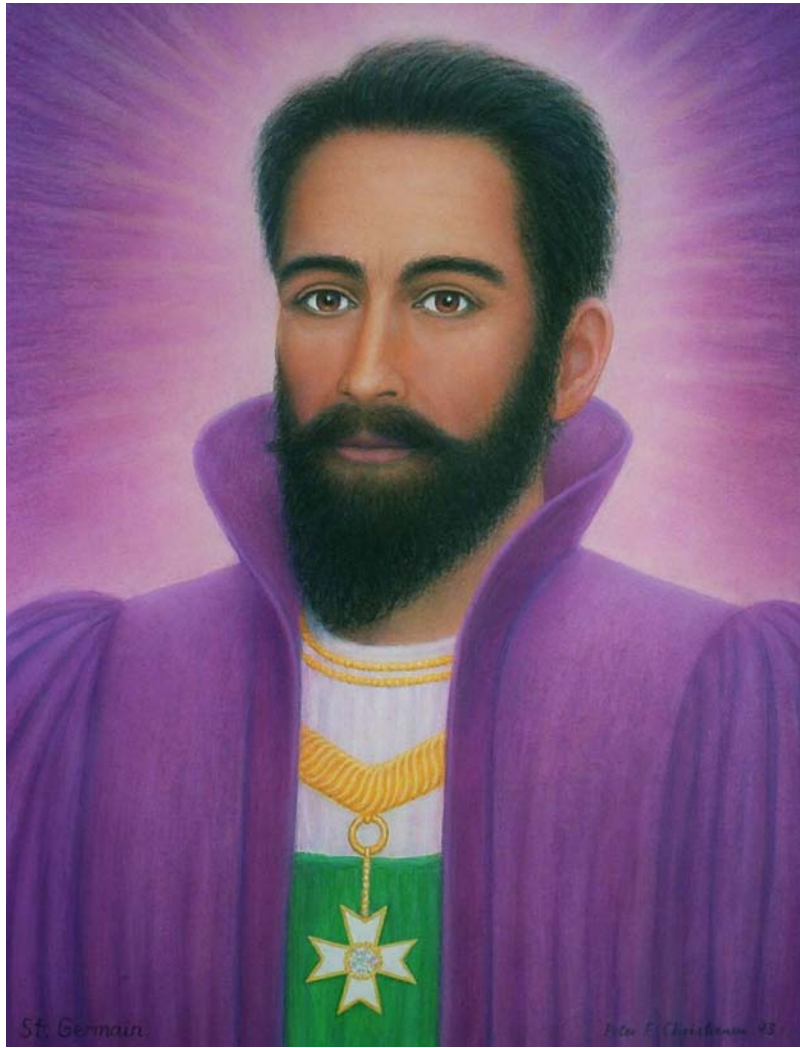
Sara Jane - Therapies at The Twin Oaks Therapy Rooms, Winton, Bournemouth. I am a Complementary Therapist offering a range of therapies and different **Courses, Workshops and Shares (including Reiki, Crystals, Angels, Sound, Magical Friends and Self Development)**. For more information on these and the **Messages from The Magical Realm**, please see my website www.sarajane-therapies.co.uk and www.ourmagicalfriends.co.uk which includes their monthly message.

**** New 10-week Development Course **** £8.50pw starting Monday 31 January 7.30-9.30pm at Twin Oaks, Winton

Love, Peace & Light To You All

Sara

St Germain



This glorious picture of St Germain was created by Peter Christiansen. St Germain was the holder of the Violet Ray. He has now been promoted to Maha Chohan. The term Maha Chohan means Great Lord. The office of Maha Chohan is filled by one who is entrusted to be in command of all Ascended Masters. The term Ascended Master referred to here is in the original meaning. It denotes someone who has been through the round of lives here on this planet, and who has achieved the fully 7th dimensional level.

St Germain works in partnership with those great beings who are of equal or higher rank in the government of our planet, such as our planetary Logos, the World Teacher and the Karmic Board.

St Germain was the Chohan (or Master) of the violet ray, and brought us the Violet Flame. He is now partially responsible for the Masters of the Rays. I am told the Manu and one other, whose name I am not given, hold partial responsibility. Allah Gobi is the name of the Manu.

Reconnective Healing

This is **NEW!** This is **DIFFERENT!** This is **REAL!**
Globally Recognized
Reconnective Healing is a **NEW** level of Healing
utilizing the incredible frequencies of
Energy Light and information.

Each healing experience is unique.

“If you’re fortunate your healing will come in the form you anticipate.

If you are **really fortunate** your healing will come in a form you haven't even dreamed of".

I have been trained in a number of different modalities,
all of which have been stepping stones leading me to
Dr. Eric Pearl's Reconnective Healing and The Reconnection.

Do give me a bell on 01935 864 007 – as I always consider the voice
to be ultra important and so much more seems to be clarified than on the email system.
But, if you don't like this idea, all the other means are listed below!

I am based on the A30 between Yeovil and Crewkerne

Jane Duggleby

01935 864 007

Email: reconnectivejane07@gmail.com

www.reconnectionpractitioners.co.uk

Stratford-on-Avon

Salus Natural Therapy Centre has an eclectic mix of therapies which include not only the usual
Massages (Aromatherapy, Remedial, Indian Head, etc.) and Reflexology, but also **Bowen and Dorn
Method**.

Salus also provides **Hypnotherapy, Psychotherapy, Life Coaching and NLP**.

Sara Hawkins who set up Salus is just completing her training as a **National Federation of Spiritual Healing
Practitioner**. **Reiki** is also available. I provide **Transformational Bodywork** every three months.

There is a **Nutritionist** and a **Herbalist**, and the Centre stocks **Nutritional Supplements and Beauty
Products**. You can even have a **perfume made especially for you!**

Contact Salus: 01789 204779, or 0845 217 9093, text or phone Sara direct on **07775 558859**.

email:us@salusnaturaltherapy.co.uk

www.salusnaturaltherapies.co.uk

Salus is at the rear of 30/31 Henley St, Stratford-on-Avon

Andy

Angel, Unicorn

& Fairy Card Readings

** Card Reading Tuition**

5-week Spiritual Development Course

Also Course in Angels

Starting soon!

07923 508 225

morrellandym@aol.com

<http://ascensioninsights.weebly.com/>

Book Club and Workshops

Exchange spiritual and self-help books!

Sarah Haywood on 01202 659413 sarah@maggpiewills.com
or Jackie Deakin on 01202 828786 jackiedeakin@hotmail.com

Jackie also does a monthly Newsletter, and is a Soul Midwife.
See her website on www.enchantingsoul.com
01202 828786

11:11:11 Celebrations

For those of you tuned into 11:11 and wishing to take part in, or organise your own celebrations, you may like to contact:

Urtema Dolphin in Glastonbury 07896340495 urtema@hotmail.co.uk

Miscellaneous

George Ellis (British astrophysicist): "Amazing fine tuning occurs in the laws that make this complexity (of the universe) possible. Realization of the complexity of what is accomplished makes it very difficult not to use the word 'miraculous'....."

Robert Jastrow (self-proclaimed agnostic): "For the scientist who has lived by his faith in the power of reason, the story ends like a bad dream. He has scaled the mountains of ignorance; he is about to conquer the highest peak; as he pulls himself over the final rock, he is greeted by a band of theologians who have been sitting there for centuries."

"Harpists spend 90 percent of their lives tuning their harps and 10 percent playing out of tune."

Igor Stravinsky

Groups, Events and Treatments: Charmian

New! "Post 2012" 4-hour Workshop:** Time, travel, health, wealth, new children, raising vibrations, higher chakras, attunements, DNA activation, Masters and Angels - and much more! £35

Already booking for Saturday 8 October 10.30am-2.30 pm at Moontree, 16 Sea Rd., Boscombe.

More dates coming!

****Would you like to organise a workshop in your area?**

Transformational Bodywork: 1-Year Course. **Next course (September) is booking now.**

Enlightenment Group: 7.30-9.30pm, 2nd and 4th Wednesdays, Moontree £7/5.

Private Sessions: Transformational Bodywork, Reiki, Space Clearing, Meditation, Spiritual Direction

CHARMIAN WINSER, Parkstone, Poole: 01202 723696. Mob: 07727 226814

Email: info@thelightcentre.net

www.thelightcentre.net

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