

Newsletter

Edition 13 October 2011

Hi Folks,

The final **Transformational Bodywork Course** has been postponed to **Saturday 15 October**. The date did not suit everyone who wanted to attend. There are a couple of places left. **Book now! Full details** in the **Transformational Bodywork attachment or website** - www.thelightcentre.net

Already new opportunities are opening out. I had been intrigued with the new higher chakras for a while. Imagine my surprise when I found myself doing a **Multi-Level Aura Heal** during the first week in September! But that was not all!! See the article below.

I am now offering a **new workshop: Multi-dimensional Healing**. See **Groups and Treatments, P8**. Details out soon!

My **new website** has much additional information and many new features. Info is still being added to the site, also to the blog. The main site is now www.thelightcentre.net.

New! **Verwood Positive Living Group** has started. **Talks**. See below.

The following website will almost certainly appeal to Lightworkers:

http://www.childrenofthesun.org/index.php?option=com_content&view=article&id=400:locking-in-the-zero-point-quantum-field&catid=39&lang=en

Love and Light, Charmian

Last and final course starts Saturday October 15

Transformational Bodywork *A course for enlightenment*

To prepare for the fifth dimension, are you ready to: -

- * Channel Masters and Angels?*
- * Attune to and transmit enlightenment energies?*
- * Sense and repair auras & chakras?*
- * Work inter-dimensionally?*
- * And much more?*

To book your place, or for more details of this amazing opportunity contact Charmian Winsor at The Light Centre. Tel (01202 723696 / 07727 226814 email: info@thelightcentre.net or visit www.charmianwinsor.co.uk

Moontree Gallery and Therapy Centre



Beautiful Gifts:

Looking for that elusive, unusual, unique present?

Come along to Moontree and browse in our peaceful and welcoming centre.

In addition to our beautiful paintings, prints, sculptures and hand-crafted jewellery, you will find a selection of books, crystals, incense and more.

Gift Vouchers:

If you cannot choose – why not give one of our Gift Vouchers which are redeemable against any Artwork, Therapy Treatments or Readings.

Art Exhibition: Form and Spirit with Linda Sale starting 10am Saturday 8 October. Wine and jelly babies!

Encaustic Art Workshops: £25 inc materials & refreshments, with Sarah Faulkner. **Phone for dates: 07949 104689.** No previous experience necessary

Post 2012 Workshop: Saturday October 8, 10.30am-2.30pm with Charmian Winsler. (See details above)

Transformational Bodywork Course: starts Monday October 17 with Charmian Winsler. **Final run.** See attachment or website: www.thelightcentre.net

Reiki I Workshop: with Benjamin Robinson. Ongoing. Please phone for dates

Reiki I Workshop: with Deborah Robinson. Ongoing. Please phone for dates

Reiki II Workshop: with Deborah Robinson. Ongoing. Please phone for dates

New! UFO/Inquiring Minds Meeting: October 14, 6:30-9pm. Bill Coones. Contact: rcoones102@msn.com

New! Life Coaching Group: 1st & 3rd Tuesdays starting 18th October 7-8.30pm with Sylvia Sere.

Intuitive Healers Circle 4th Monday with Benjamin Robinson

Reiki Share every 2nd Tuesday 7-9pm with Deborah Robinson

Kundalini Yoga 1st & 3rd Tuesdays 7-8pm with Mike Edmondson

Breathwork Group Last Tuesday in month 6.30-9pm with Sarah Faulkner

Meditation Group 1st and 3rd Wednesdays at 7.30 with Deborah Robinson

Enlightenment Group 2nd and 4th Wednesdays 7.30-9.30pm with Charmian Winsler

The Goddess Project Sharing Circle, 7.00 - 9.00, 2nd Thursday each month with Julie Ann Horrox.

To receive info on exhibitions, workshops, groups and new stock, please ask to be put on the **mailing list**.

Contact via info@moontree.org.uk or Ph: **01202 394949*** or drop in at **Moontree Gallery and Therapy Centre, 16 Sea Road, Boscombe, Bournemouth.** www.moontreearts.org.uk



The Tibet Culture Trust supports [Tibetan children in exile](#), providing education, and supports other destitute children and water to vital areas. See our website for more details.

Our Shop at 11 Royal Arcade, Boscombe, Bournemouth has **fantastic prices**. You can also find the same bargains online at www.tibetculturetrust.com: **ethnic clothes, Buddhist Thankas, Singing Bowls, vajras, jewellery, incense and much more!**

The Trust always needs [volunteers](#) to help in a variety of ways. You can email us at tibetculturetrust@yahoo.co.uk, or visit the website and the online shop to find out more, and perhaps even leave a [donation](#).

You can also [sponsor a child](#) through the retail shop or by applying online.

The Trust has links to the [Sakya Thubten Ling](#), a Tibetan Buddhist temple at 167 Shelbourne Road, Charminster, Bournemouth. Tel: 01202 538108

Aura Healing

I had known about seven levels of the aura for many years. In 1985, at my Level I Reiki workshop, much to my delight, I was shown how to feel them with my hands. During my Level II Reiki workshop a past life as an Egyptian priest came to the surface. I saw myself giving off-the-body healing in that lifetime.

Mrs Takata had taught her western students to practise Reiki on the body, although we worked a few inches off on sensitive areas. This was how we practised Reiki on ourselves and others.

Imagine my surprise when, a couple of years later, I found myself during a Reiki session being pushed about 7ft off the body. In exchange for putting me up for the night, I realised that I was giving my hostess a 7-level aura healing. The result was profound. She was deeply grateful, and people commented on how changed she was.

I forgot about the incident for a while, yet some time later I found myself being internally requested to perform many, if not most, of my treatments off the body in the auric field.

At the beginning of 2006, under internal instruction, I gave up teaching Reiki. I was asked to call my work Transformational Bodywork, and a 7-level aura healing became a feature of it.

Then a couple of months ago, while teaching a Transformational Bodywork group, a chance happening made me wonder whether there were more aura levels available to us now. We had certainly been hearing about higher levels of chakras for some time. Within weeks, while working on Chrissy Scott-Chaney, who had been a Lightworker for many years, I was pushed 12ft. off her body and she received a 10-level aura healing. She seemed profoundly moved by the experience.

I approached my Enlightenment Group and Transformational Bodywork Group members, as they were all Lightworkers with some experience, and asked for Taster Session guinea pigs. All those who responded received at least a 12-level aura healing. One person received an absent aura heal. It was clear that this was limited only by how high the person could comfortably go and what the person needed at the time. Not only did people report that they felt clearer and were glad that they had taken part, it created a connection with those higher levels of each person which was both awesome, and seems to be ongoing!

I feel propelled already to offer this **Multi-Level Aura Heal** to those who have some experience of high vibrations. "They" clearly want it out there.

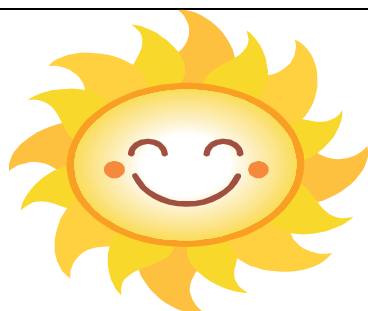
While I am happy to give **Taster sessions for £10**, others may wish to receive a full hour-long session. You may even wish to receive an absent aura heal.

Meditation

The first 7 layers of your aura extend out to about 7-8ft off the body, starting with the etheric, a mere inch or so off. This layer follows the contours of our physical body. 2nd-7th layers gradually extend out further.

1. Sit comfortably with back, neck and head straight, feet on the floor unless you are sitting cross-legged.
2. Take a few deep breaths and settle into your body.
3. Tune into your aura about 1 inch off the body all around it. Take as much time as you need.

4. Now tune in about 6-12 inches off the body. This level may be quite uneven as it contains many feelings waiting to be integrated. Try to observe this level without judging it. How different, and in what ways does it feel different from, the first level? *Feel/ sense* the difference without going into analysing.
5. Continue going out into the further layers, about 1ft at a time. Ask to be guided if you cannot feel the different levels. Sense the differences. You may pick up a feel, or colours, or textures. Take your time and be patient with yourself.
6. Gradually come back to the room until you feel grounded. If you wish, write down your impressions now before you forget.



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Soul Midwife
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Louisa McDonald
07545 293715
Loulou1957@hotmail.co.uk

*****NEW*****

POSITIVE LIVING GROUP

WHEN: Tuesday evenings – starting 4th October 2011

WHERE: The Hub, Station Road, Verwood

TIME: 7.30 pm onwards

COST: £5

Jackie Deakin (Soul Midwife) and Louisa McDonald (Self Empowerment Coach) are organising a new POSITIVE LIVING GROUP in the Verwood/Ringwood and surrounding areas. .

These evenings will consist of a talk, followed by optional discussion and refreshments.

The purpose of the group is to act as a neutral platform for a variety of alternative ideas and practices which may offer solutions to the challenges many of us face in this ever changing world we live in.

Topics being planned could be anything from: Angels to Astrology, Hypnosis to Health, Nutrition to Intuition, 2012 phenomenon, Life coaching or anything else to do with living a GREAT life.

Jackie will be giving the first of these talks which will be on looking at why we are here and exploring the diversity of life.

NB: These meetings are intended to be spiritually orientated but are not intended to contain any religious content and are open to people of all faiths and none.

Sara Jane

E-mail Newsletter Interested in **what's on in the local area** regarding events, courses, workshops, shares and classes? Contact me to be added to the mailing list for a monthly newsletter, and if you are a practitioner and/or teacher and would like to include your information (it's Free) you can e-mail me on saraspiritoffreedom@hotmail.com

Sara Jane - Therapies at The Twin Oaks Therapy Rooms, Winton, Bournemouth. I am a Complementary Therapist offering a range of therapies and different **Courses, Workshops and Shares (including Reiki, Crystals, Angels, Sound, Magical Friends and Self Development)**. For more information on these and the **Messages from The Magical Realm**, please see my website www.sarajane-therapies.co.uk and www.ourmagicalfriends.co.uk which includes their monthly message.

**** New 10-week Development Course **** £8.50pw starting Monday 31 January 7.30-9.30pm at Twin Oaks, Winton

Love, Peace & Light To You All

Sara

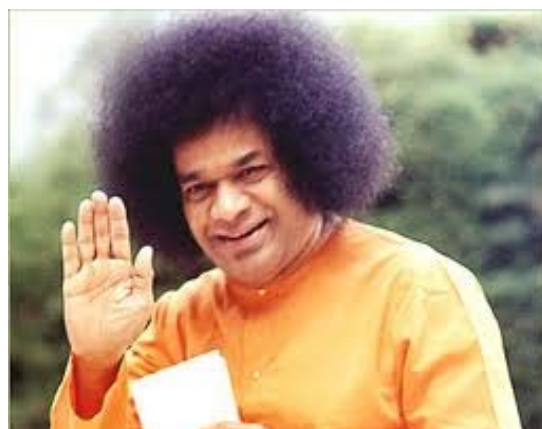
Satya Sai Baba

Satya Sai Baba has touched the lives of millions of people worldwide. His passing in April this year brought millions to Puttaparthi, near Bangalore, where he was buried under the podium at his ashram from which he often spoke.

His incredible spiritual power caused the dimensions to crackle around him.

I have met many devotees of Sai Baba over the last 20+ years and have been given his vibhuti and a taste of his Amrita. Vibhuti is sacred ash. It would manifest around pictures of him. Amrita is often translated as nectar of the gods, being a sweet, thick liquid.

I have been privileged to feel his immense spiritual upliftment from time to time, although I never met him.



11:11:11 Celebrations

For those of you tuned into 11:11 and wishing to take part in, or organise your own celebrations, you may like to contact:

Urtema Dolphin in Glastonbury 07896340495 urtema@hotmail.co.uk

Andy
Angel, Unicorn
& Fairy Card Readings
*** Card Reading Tuition***
5-week Spiritual Development Course
Also Course in Angels
Starting soon!
07923 508 225
morrellandym@aol.com
<http://ascensioninsights.weebly.com>

ANGEL CARD READINGS WITH DAVID

David believes that in each moment of our lives, the soul aspect of our self is calling out to manifest powerfully in the physical world. This subtle energy is easily disturbed by stronger forces of life - the need to survive in a material world, and habits and thoughts constructed from our past. A card reading doesn't just offer insight about what is going on in our lives, informing us how to live a richer life, but is also a process of deep healing.

David's readings started when he came across a pack of Doreen Virtue Angel cards whilst doing an animal healing course in Brighton. "We were all sat in a group and given a card each. I asked the first lady if I could have a look at her card, and a lot of information about her life situation flooded in. I found myself going round the whole group." He realised that the study and exploration of the Kabbalah was informing his intuition which he had developed over many years through yoga, meditation, chanting, and his natural sensitivity to subtle energy fields.

David is also a classical pianist, is training to work with horses, volunteers for Riding for the Disabled, and has more recently been inspired and involved in the dynamic Soka Gakkai Buddhist movement.



Ph: 07733 969 288

email: bakfan@hotmail.com

Reconnective Healing

This is NEW! This is DIFFERENT! This is REAL!
Globally Recognized
Reconnective Healing is a NEW level of Healing
utilizing the incredible frequencies of
Energy Light and information.

Each healing experience is unique.

“If you’re fortunate your healing will come in the form you anticipate.
If you are **really fortunate** your healing will come in a form you haven’t even dreamed of”.

I have been trained in a number of different modalities,
all of which have been stepping stones leading me to
Dr. Eric Pearl’s Reconnective Healing and The Reconnection.

Do give me a bell on 01935 864 007 – as I always consider the voice
to be ultra important and so much more seems to be clarified than on the email system.
But, if you don’t like this idea, all the other means are listed below!

I am based on the A30 between Yeovil and Crewkerne

Jane Duggleby

01935 864 007

Email: reconnectivejane07@gmail.com

www.reconnectionpractitioners.co.uk

Stratford-on-Avon

Salus Natural Therapy Centre has an eclectic mix of therapies which include not only the usual **Massages (Aromatherapy, Remedial, Indian Head, etc.) and Reflexology**, but also **Bowen and Dorn Method**.

Salus also provides **Hypnotherapy, Psychotherapy, Life Coaching and NLP**.

Sara Hawkins who set up Salus has completed her training as a **National Federation of Spiritual Healing Practitioner**. **Reiki** is also available. There is a **Nutritionist** and a **Herbalist**, and the Centre stocks **Nutritional Supplements and Beauty Products**. You can even have a **perfume made especially for you!**

Contact Salus: 01789 204779, or 0845 217 9093, text or phone Sara direct on **07775 558859**.

email:us@salusnaturaltherapy.co.uk

www.salusnaturaltherapies.co.uk

Salus is at the rear of 30/31 Henley St, Stratford-on-Avon

Book Club, Talks and Workshops

Exchange spiritual and self-help books! Talks

Sarah Haywood on 01202 659413 sarah@magpiewills.com

or Jackie Deakin on 01202 828786 jackiedeakin@hotmail.com

Jackie also does a monthly Newsletter, and is a Soul Midwife.

See her website on www.enchantingsoul.com

01202 828786

Miscellaneous

“Words were never invented to fully explain the peaceful **aura** that surrounds us when we are in communion with minds of the same thoughts.”
Eddie Myers

Aurora Borealis



Groups, Events and Treatments: Charmian

Would you like to organise a workshop in your area?

Subjects include:

Preparing for 2012 – Help yourself, others and the whole planet to ascend

Post 2012 – What will life be like after the shift?

New!! Multi-dimensional Healing – Learn, practise and experience inter / multi-dimensional healing!
You will not believe what you can experience!

Final course: Transformational Bodywork: 1-Year Course (starting Saturday October 15) is booking now.

Be trained to do 7-level aura healing, raise vibrations in self and others, inter-dimensional work, space clearing, chakra re-balancing, channelling. **See website** for more info www.thelightcentre.net

Enlightenment Group: 7.30-9.30pm, 2nd and 4th Wednesdays, Moontree £7/5.

Meditations, discussion, levels of enlightenment, attunements to Masters and Archangels and much more.
See website for more info

Private Sessions:

New! Multi-Level Aura Heal. Be one of the first to experience this amazing opportunity to open out to the cosmos and beyond! Taster Sessions: £10. Full sessions from £30. (Concs: from £20) See article for more info.

Also:

Transformational Bodywork, Reiki, Space Clearing, Meditation, Spiritual Direction, Auras, Chakras, Attunements, Channelling.

See website for more info

CHARMIAN WINSER, Parkstone, Poole: 01202 723696. Mob: 07727 226814

Email: info@thelightcentre.net www.thelightcentre.net

Please let us know if you wish to unsubscribe to this newsletter