

Newsletter

Edition 16

January 2012

Hi Folks,

After a gap of a few years, I have now been requested to train one or two people as Reiki Master. If you wish to join in the fun and receive **Levels I or II or even III (Masters) Reiki** or to review your Reiki, let me know or preferably get in touch with Emma Penman on 07818094357/info@naturessupplements.co.uk

The **Transformational Bodywork Course** has been so successful, and is now re-formatted into **4 all-day workshops**. It will help those who really want to do the course, but were not in time for the 12 session format. The first one starts on **Sunday 15 January at Moontree**. Other runs of the course start Monday 23 January in Watkin Rd, Boscombe, and a further course starts Saturday 21 January in Branksome. **See text box below**. If you feel drawn to take part, please **contact me immediately**, as no further TBod workshops will be taken by me, although those who receive a teaching certificate in the summer will be able to carry it forward. **The full course details** are now in a **PDF** format. My apologies to those who were unable to read it in Publisher format last month. See the **attachment headed TBodWkshopFormat**.

The **Multi-Level Aura Heal** is happening in most of the treatments. Much fascinating info is still coming out about our higher dimensional selves both within and beyond the universe. See **Aura** attachment. This info will be part of the **Multi-Dimensional Healing Workshop** starting in April.

Jackie Deakin has sent through some details of the next few **Verwood PLG** talks. See below.

Love and Light, Charmian

TRANSFORMATIONAL BODYWORK 4 Workshops for Enlightenment

Want to learn how to:-

- **Channel Masters and Angels?**
- **Work on 7 levels of the aura and chakras?**
- **Be attuned, & attune others, to high energies?**
- **Raise vibrations in self and others?**
- **Carry out inter-dimensional work?**
- **Work with Ascended Masters and Archangels and higher levels of yourself, and receive information from them?**

Workshop I - *January 15, 2012, 10am-5pm. Moontree, 16 Sea Rd, Boscombe, Bournemouth

7 levels of aura and chakras: sense, repair, clear, balance, raise vibration. Introduction to Masters and Angels

You will receive attunements to Masters, Archangels, energies, higher selves as appropriate.

Workshops II, III & IV held at monthly intervals. See attached TBod Flyer for details

Cost: £260. Payments can be made in monthly instalments of £65.

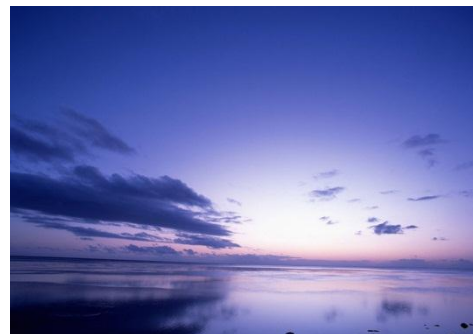
***Two further groups start Sat 21 Jan in Branksome, Poole, and Mon 23 Jan, Boscombe, B'mouth**

Ph: 01202 723696/ 07727 226814

email: info@thelightcentre.net

www.thelightcentre.net

WITH CHARMIAN WINSER



Moontree Gallery and Therapy Centre



Beautiful Gifts:

Looking for that elusive, **unusual, unique Christmas present?**

Lovely new stock!

Come along to Moontree and browse in our peaceful and welcoming centre.

In addition to our beautiful **paintings, prints, sculptures** and **hand-crafted jewellery**, you will find a selection of **books, crystals, incense** and more.

Gift Vouchers:

If you cannot choose – why not give one of our **Gift Vouchers** which are redeemable against any Artwork, Therapy Treatments or Readings.

Next Art Exhibition: by Bournemouth University students. Opening February 4. Wine, juice and jelly babies!

Encaustic Art Workshops: £25 inc materials & refreshments, with Sarah Faulkner. Phone for dates: 07949 104689. No previous experience necessary

Transformational Bodywork Course: starting Sunday 15 January, 10am-5pm with Charmian Winsler. 4 all-day intensive Workshops held at monthly intervals. Cost of full course: £260 (£65) per workshop.

Private Sessions with Courtney Davis: Private 1hr healing sessions. Saturday 7 January and Saturday 4 February. Pre-booking is essential as space is very limited.

Reiki I Workshop: with Benjamin Robinson. Ongoing. Please phone for dates

Reiki I Workshop: with Deborah Robinson. Ongoing. Please phone for dates

Reiki II Workshop: with Deborah Robinson. Ongoing. Please phone for dates

Reiki III by arrangement

New! Life Coaching Group: 1st & 3rd Tuesdays starting 18th October 7-8.30pm with Sylvia Sere.

Intuitive Healers Circle 4th Monday with Benjamin Robinson

Reiki Share every 2nd Tuesday 7-9pm with Deborah Robinson

Kundalini Yoga 1st & 3rd Tuesdays 7-8pm with Mike Edmondson

Back again! Bournemouth Breathing Circle with Sarah Faulkner. 6.30-9.30pm last Tuesday in month.

Min. donation £10-20. Contact Sarah on 07949 104689, or Moontree (see below).

Meditation Group 1st and 3rd Wednesdays at 7.30 with Deborah Robinson

Enlightenment Group 2nd and 4th Wednesdays 7.30-9.30pm with Charmian Winsler

To receive info on exhibitions, workshops, groups and new stock, please ask to be put on the **mailing list**. Contact via info@moontree.org.uk or Ph: **01202 394949*** or drop in at **Moontree Gallery and Therapy Centre, 16 Sea Road, Boscombe, Bournemouth.** www.moontreearts.org.uk



Terrific news!! We have 2 big rooms at the **Wessex Hotel, West Cliff Road, Bournemouth** for our next **Healing Weekend, 31 March/ 1 April!** There are plenty of parking spaces, and it will be a very popular event, attracting lots of therapists, readers, stalls, and other events.

The TCT Healing Weekends are the biggest in the area. Make sure you have it in your diary!

Healing Weekend

31.3./1.4.2012 10-5pm

Wessex Hotel, West Cliff, Bournemouth.

WANTED

Therapists, Stallholders (ethnic & fair trade only – sorry no food stalls),
Workshop Leaders, Speakers, Yoga & Meditation Teachers wanted.

All time you donate to us is generated into cash for the Tibet Culture
Trust reg charity no 1105227. For more info please email
info@tibetculturetrust or ring Uli on 07866566309.

The Tibet Culture Trust supports [Tibetan children in exile](#), providing education, and supports other destitute children and water to vital areas. See our website for more details.

Our Shop at 11 Royal Arcade, Boscombe, Bournemouth has **fantastic prices**. You can also find the same bargains online at www.tibetculturetrust.com: **ethnic clothes, Buddhist Thankas, Singing Bowls, vajras, jewellery, incense and much more!**

The Trust always needs [volunteers](#) to help in a variety of ways. You can email us at tibetculturetrust@yahoo.co.uk, or visit the website and the online shop to find out more, and perhaps even leave a [donation](#).

You can also [sponsor a child](#) through the retail shop or by applying online.

The Trust has links to the [Sakya Thubten Ling](#), a Tibetan Buddhist temple at 167 Shelbourne Road, Charminster, Bournemouth. Tel: 01202 538108

Blessings

The definition of blessing: a benefit, a grace, benison, benediction.

During my formative years I was not sure quite what a blessing was. It was just a word.

I was told that I received God's blessing in church, and I felt drawn to go there as a child and a young adult. From time to time I felt an Almighty Presence and I received some truly awesome energy occasionally.

Later, (one can only describe it as a monumental blessing) I received Reiki. Nowadays it is difficult to appreciate the tremendous gift that we were given. In 1985 we had not yet entered Harmonic Convergence; the vibrations had not begun to rise, and the planet was steeped in very heavy, dark energy. Yet, here we were, receiving Light every time we used it!

Nowadays, the vibrations have risen so much, and the planet is flooded with so much Light, that we take Reiki for granted.

But even greater, I had the immense good fortune to meet a fully enlightened Master just a couple of years later. The blessings he bestowed took my breath away. He bathed my being in awesome energies, took off whole issues at a stroke, he gave me the gift of telepathy.

Again, nowadays we Lightworkers take these things for granted.

Each time that I hold a group or give a treatment I am aware of the great blessing and wonderful energies that come in. One of the Reiki Principles teaches us to be grateful. How can I not be grateful? And the word grateful comes from the same root as grace. We say grace over a meal in order to offer up our gratitude and our request that our food be blessed.

And so it comes full circle.

Meditation

1. Sit comfortably with back, neck and head straight, feet on the floor unless you are sitting cross-legged.
2. Take a few deep breaths and settle into your body.
3. Call on your guides, higher selves, Source, angels to assist you.
4. Prepare in your mind to ask for blessings for your home, family, the earth itself, comfort and even your trials. For trials strengthen us. They help us to overcome our weakness.
5. Take as much time as you need. Who or what would you like to ask a blessing for?
6. Now ask for a blessing for yourself.
7. Gradually come back to the room until you feel grounded.

Blessings are only limited by your imagination. You can bless the whole universe if you wish.

ANGEL CARD READINGS WITH DAVID

David believes that in each moment of our lives, the soul aspect of our self is calling out to manifest powerfully in the physical world. This subtle energy is easily disturbed by stronger forces of life - the need to survive in a material world, and habits and thoughts constructed from our past. A card reading doesn't just offer insight about what is going on in our lives, informing us how to live a richer life, but is also a process of deep healing.

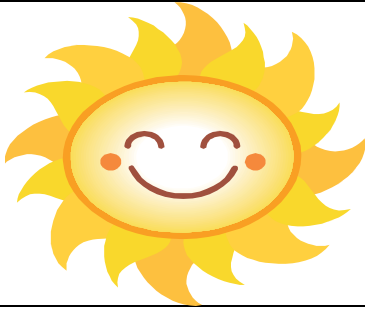
David's readings started when he came across a pack of Doreen Virtue Angel cards whilst doing an animal healing course in Brighton. "We were all sat in a group and given a card each. I asked the first lady if I could have a look at her card, and a lot of information about her life situation flooded in. I found myself going round the whole group." He realised that the study and exploration of the Kabbalah was informing his intuition which he had developed over many years through yoga, meditation, chanting, and his natural sensitivity to subtle energy fields.

David is also a classical pianist, is training to work with horses, volunteers for Riding for the Disabled, and has more recently been inspired and involved in the dynamic Soka Gakkai Buddhist movement.



Ph: 07733 969 288

email: bakfan@hotmail.com



Jackie Deakin
Soul Midwife

www.enchantingsoul.com
email: jackiedeakin@hotmail.com
Tel: 01202 828786

****POSITIVE LIVING GROUP****

WHEN: Wednesday evenings
WHERE: The Hub, Brock Way, Station Road, Verwood
TIME: 7.15 pm onwards **COST:** £5

Jackie Deakin (Soul Midwife) has organised a new POSITIVE LIVING GROUP in Verwood to serve the town and surrounding areas.

These evenings will consist of a talk, followed by optional discussion and refreshments. The purpose of the group is to act as a neutral platform for a variety of alternative ideas and practices which may offer solutions to the challenges many of us face in this ever changing world in which we live.

Wednesday 18th January - Stephanie Nerva
Neal's Yard

Details to follow shortly

Wednesday 25th January 2012 - Amanda Ellis
Metatron and colour mirrors

Archangel Metatron stands for TOUGH LOVE – his is THE energy of 2012 and beyond...

Wednesday 1st February - James Burgess & Richard Grey
7 Words, 7 Wisdoms, 7 Subtle Forces

Briefly outlines the essence and benefits of the '7 Words' system, including short exercises...

Wednesday 8th, 15th - To be confirmed

Wednesday 22nd February – Magenta Pixie and Jessica Wood
Source Communications for 2012 and beyond

2012 and the Ascension: Source Communication and how to connect to it.....

Wednesday 29th February - Tara Davina Brown
Non-duality

Wednesday 7th March 2012 - Juliana Freeman
Munay-Ki

Details to follow

Wednesday 14th March 2012 - Brett Moran
Transformation Guru

Information to follow

Much more detail on my website:

<http://www.enchantingsoul.com/Positive-Living-Speakers.html>

Find me on Facebook under my name or Positive Living Group – Verwood

2012 TRANSFORMATIONS

- ❖ Are you feeling out of balance
 - Stuck, or adrift on your life path
 - Struggling to progress?
- ❖ If you are looking for:
 - More energy/balance
 - More confidence/self worth
 - More clarity/focus/creativity
 - A greater sense of well being
 - And an entry point to your true purpose
- ❖ Experience for yourself what is a profound, and for many, a life-changing experience
- ❖ If you would like to remove your “story”, or negative cellular memory
- ❖ If you would like your auras cleansed
 - [chakras re-aligned](#)
 - [soul retrieval](#)
 - [your vibrations raised](#)
 - [Attunements to Ascended Masters and Archangels](#)

Jane on 01935 864 007/01935 862 243

Email: reconnectivejane07@gmail.com

OR come to the Psychic Fayre Mind Body and Spirit in Dorchester 25.2.2012, and Pontins, Brean Sands 16/17/18.3.2012 and Weymouth 7/8 April 2012

Sara Jane

E-mail Newsletter Interested in **what's on in the local area** regarding events, courses, workshops, shares and classes? Contact me to be added to the mailing list for a monthly newsletter, and if you are a practitioner and/or teacher and would like to include your information (it's Free) you can e-mail me on saraspiritoffreedom@hotmail.com

Sara Jane - Therapies at The Twin Oaks Therapy Rooms, Winton, Bournemouth. I am a Complementary Therapist offering a range of therapies and different **Courses, Workshops and Shares (including Reiki, Crystals, Angels, Sound, Magical Friends and Self Development)**. For more information on these and the **Messages from The Magical Realm**, please see my website www.sarajane-therapies.co.uk and www.ourmagicalfriends.co.uk which includes their monthly message.

**** New 10-week Development Course **** £8.50pw starting Monday 31 January 7.30-9.30pm at Twin Oaks, Winton

Love, Peace & Light To You All

Sara

Sentinel

This beautiful being came into our lives in 2007. Deborah Robinson of Moontree Gallery and Therapy Centre painted her. Many, many people standing in front of her feel her presence. Many are moved to buy a representation. She is known to be training some people.

From early on we felt that she is a Throne. Thrones are high angelic beings who look after whole planets. She has come to help Gaia, Mother Earth, at this momentous time.

The original painting sold within weeks. Happily, we can obtain copies on canvas or paper from the original size of 40" x 30" right down to greeting card size.

You can chat to the artist on 01202 394949 and view the painting at Moontree, and you can view her other paintings online at



<http://www.moontree.org.uk/Deborah%27s%20Gallery.html>

Stratford-on-Avon

Salus Natural Therapy Centre has an eclectic mix of therapies which include not only the usual Massages (Aromatherapy, Remedial, Indian Head, etc.) and Reflexology, but also Bowen and Dorn Method.

Salus also provides **Hypnotherapy, Psychotherapy, Life Coaching and NLP.**

Sara Hawkins who set up Salus has completed her training as a **National Federation of Spiritual Healing Practitioner.** Reiki is also available. There is a **Nutritionist** and a **Herbalist**, and the Centre stocks **Nutritional Supplements and Beauty Products.** You can even have a **perfume made especially for you!**

Contact Salus: **01789 204779**, or **0845 217 9093**, text or phone Sara direct on **07775 558859.**

email: us@salusnaturaltherapy.co.uk

www.salusnaturaltherapies.co.uk

Salus is at the rear of 30/31 Henley St, Stratford-on-Avon

Andy

Angel, Unicorn

& Fairy Card Readings

** Card Reading Tuition**

5-week **Spiritual Development Course**

Also Course in Angels

Starting soon!

07923 508 225

morrellandym@aol.com

<http://ascensioninsights.weebly.com>

Book Club, Talks and Workshops

Exchange spiritual and self-help books! Talks

Sarah Haywood on 01202 659413 sarah@magpiewills.com
or Jackie Deakin on 01202 828786 jackiedeakin@hotmail.com

Jackie also does a monthly Newsletter, and is a Soul Midwife.
See her website on www.enchantingsoul.com
01202 828786

Miscellaneous

The blessings we evoke for another descend upon ourselves.

[Edmund Gibson](#)

We look forward to the time when the power to love will replace the love of power.
Then will our world know the blessings of peace.

[William E. Gladstone](#)

Envy is the art of counting the other fellow's blessings instead of your own.

[Harold Coffin](#)



Albrecht Durer

Groups, Events and Treatments: Charmian

See website for more info

New!

Transformational Bodywork: 4-Workshop Course.

Workshop I: First run starts: 10am-5pm_Sunday January 15 2012

Learn how to give a 7-level Aura healing

Balance, repair, align Chakras,

Raise vibrations in aura and chakras

Introduction to, and how to work with, Masters and Angels

Workshops II, III and IV - see attached flyer or website. Each workshop is held a month apart.

Further runs of the course, including a mid-week course start:

Saturday 21 January in Branksome, Bournemouth and Monday 23 January in Boscombe, Bournemouth

New Workshop!! Multi-dimensional Healing* – from April 2012

Learn, practise and experience inter- / multi-dimensional healing!

Includes Multi-dimensional Aura Heal

*In order to qualify for this course, you need to have done at least Workshop I of the Transformational Bodywork Course, and/ or to demonstrate an ability to hold these energies.

Masses of information on levels beyond the universe!

You will not believe what you can experience!

New! Reiki Workshops I, II and Master Training

Reiki I and II workshops normally take place over 2 days.

Reiki Master Training normally takes place over a period of several months.

Contact Emma Penman on 07818094357 or email: info@naturessupplements.co.uk or contact Charmian

See website for more info www.thelightcentre.net

Enlightenment Group: 7.30-9.30pm, 2nd and 4th Wednesdays, Moontree £7/5.

Meditations, discussion, levels of enlightenment, attunements to Masters and Archangels and much more.

See website for more info

Private Sessions:

New! Multi-Level Aura Heal. Be one of the first to experience this amazing opportunity to open out to the cosmos and beyond! See attachment or website for more info.

Taster Sessions: £10. Full sessions from £30. (Concs: from £20)

Also:

Transformational Bodywork, Reiki, Space Clearing, Meditation, Spiritual Direction, Auras, Chakras, Attunements, Channelling.

You can receive Absent Healing in any of the above

CHARMIAN WINSER, Parkstone, Poole: 01202 723696. Mob: 07727 226814

Email: info@thelightcentre.net www.thelightcentre.net

Please let us know if you wish to unsubscribe to this newsletter